



TUSCALOOSA

EAR NOSE & THROAT

CENTER, P.C.

JAMES E. SHOTTS, JR., M.D.
JAMES H. WALBURN, M.D.
LEE H. LOFTIN, M.D.
GARY M. LAKE, III, M.D.
CARL R. STEPHENSON, III, M.D.
DAVID B. ROSENSTIEL, M.D.

EAR, NOSE & THROAT
HEAD & NECK SURGERY
FACIAL PLASTIC SURGERY
UPPER RESPIRATORY ALLERGY
NEUROTOLOGY

BILATERAL MYRINGOTOMY WITH INSERTION OF VENTILATION TUBES

BEFORE SURGERY

1. Notify our office if the patient becomes ill or runs a fever prior to surgery.

AFTER SURGERY

1. Do not allow any water to get into the ears. Be very careful when bathing and washing hair or use ear plugs. Custom (fitted) earplugs can be made at our office, or we can fit preformed earplugs. Doc's earplugs may be purchased at our office, or Mack's Pillow Soft Ear Plugs can be purchased at most drug stores.
2. You should not have dizziness or pain after the first day home. Should either of these develop, notify our office for further instruction.
3. If ear drainage occurs after surgery, clean visible drainage with peroxide on a Q-tip then begin the antibiotic drop given to you at the time of surgery. Use four (4) drops at least four (4) times a day. If drainage continues more than 2 days, please call us.
4. Should you catch a cold, treat it in your usual way, reporting to us if you should develop drainage from the ear or other ear symptoms.
5. Take medication, if ordered by the doctor, according to directions.
6. Schedule post-operative visit.

Since each individual is different, the above may vary slightly and should be used mainly as a guide.